

INDIGENOUS LEADERSHIP IN HONORING & CARING FOR THE CROWN OF THE CONTINENT ECOSYSTEM

MARCH 14TH - 17TH, 2023



Naapi's Garden and Katoyiss Seed Bank

Established 2021



This project was created to further the continuing adaptation of the Niitsitapi.

Today we are experiencing a decline in our Native plants, which leads to a decline in community health and every

plant that we lose will affect our Niitsitapi way of life.

Navigating environmental and social climate change requires looking to our history and stories to take action.

It's also to prepare our children for the future, to become Niitsitapi horticulturists and scientists by growing our native plants from seed. To utilize Blackfoot Ecological Knowledge to heal ourselves through the plants and herbs given to us by the creator.

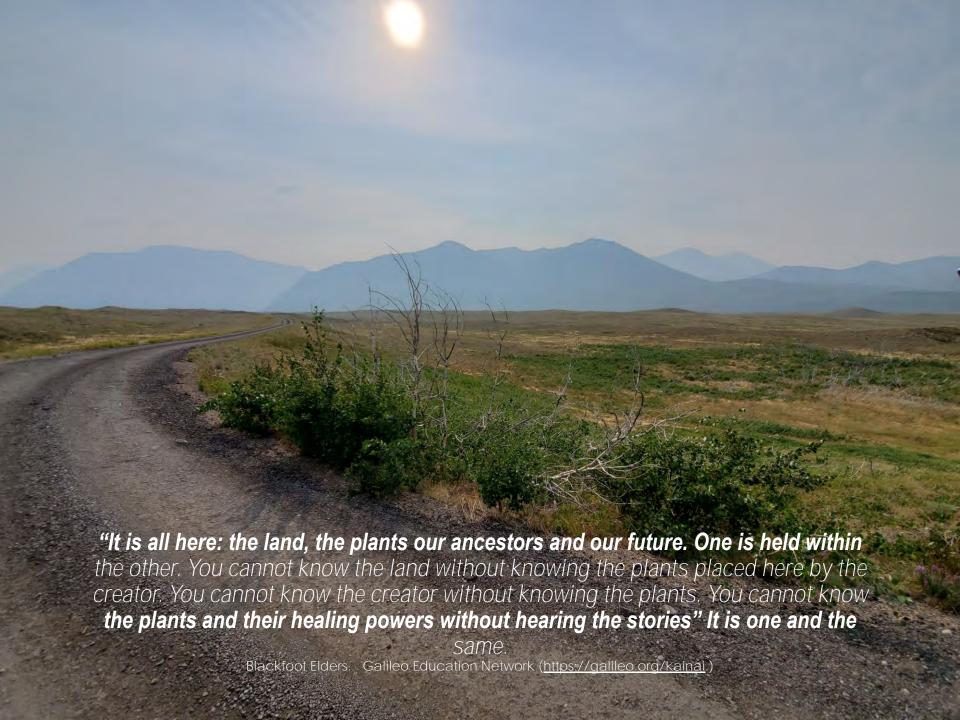
To create reciprocity through land restoration, research, education and partnership.

To assist and create food security solutions by developing community and family gardens.

Learning the lessons from Naapi and to take action by being a steward of the land like Katoyiss and his dog, Sisomm.

Their teachings are an inspiration to educate our future generations and to continue the survival of the Niitsitapi.

Take action! Help to reclaim and heal the land!



Ihpitsskskopaotspi

Stewardship:
The responsibility of looking after something.



itsaisskiistsi

Flora: Plants, fungus, etc.





Stamohkanainna'ki'pi kana'paisiiyi.

(Respect everything in the environment)

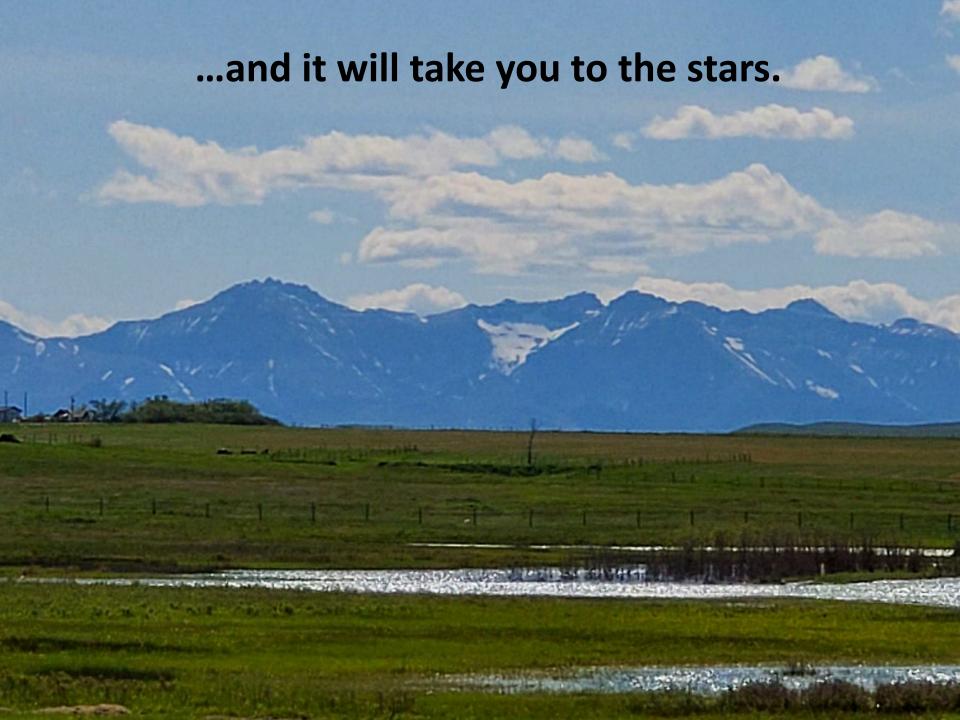


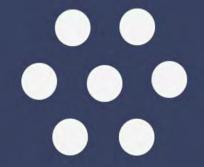
Kainai Ecosystem Protection Association Summit 2017



KEPA Flag designed by Kainai Elder Charlie Crow Chief







Miohpokoyiiks The Lost Children. Poor Children, The Cluster Pleiades





Sipatsimo - Sweet Grass (Heirochloe odorata)



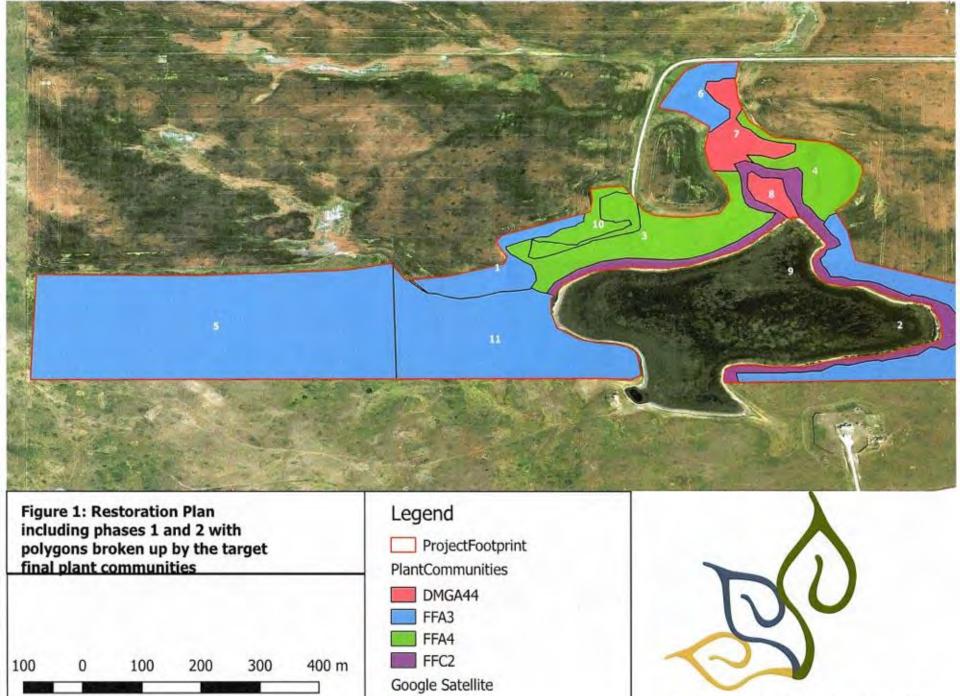
Gift from Leroy Little Bear and Amethyst First Rider May 2017



Restoration Plan

25 Hectares of Land on the Blood First Nation





Tannas Conservation Services Ltd.

Sipatsimo - Sweet Grass (Heirochloe odorata)



Gift from Deb Gregorash May 2020

Naapi's Garden and Katoyiss Seed Bank

Established November 2020



Naapi's Garden Greenhouse ground breaking ceremony

Api'soomaahka, Derek Melting Tallow, Van Singer and Kainai councillor Maria Russell
October 2020





(Prairie Parsley, Three Flowered Avens and Arrow leaf Balsamroot)



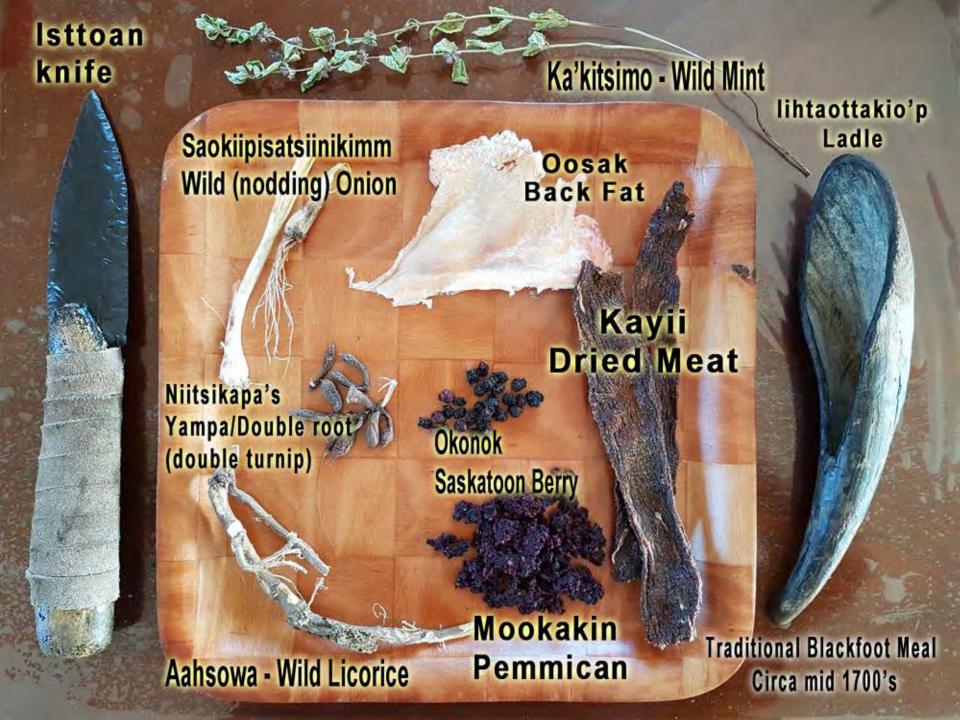
Moses Lake Community Garden 2020









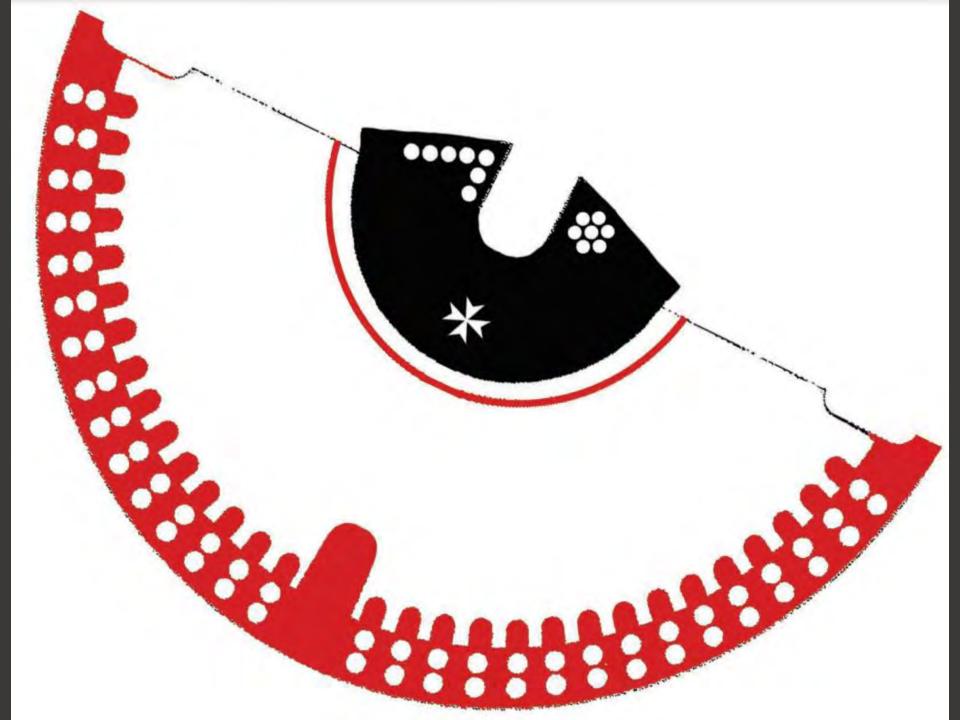


Traditional Food Presentation - Blood Tribe Recreation Dept. 01-18-2019





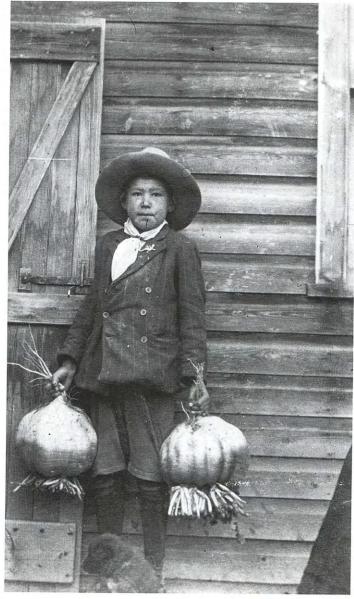






Ma's - Wild turnip

Photo courtesy of Rosalyn LaPier - Blackfeet botanist



This image of an Indian boy showing off giant turnips belies the commonly held assumption that Native people were not good at horticulture.

MIDNAPORE, AB/CA. 1912

PHOTOGRAPHER UNKNOWN

PROVINCIAL ARCHIVES OF ALBERTA OB.11235









Aahsowa / Wild Licorice (burr)*
(Glycyrrhiza lepidota)



Niitsikapa's / Yampa (Double root/double turnip)



Saokiipisatsiinikimm / Nodding onion, wild onion (prairie funny vine)





Kinii / Omahkokataoowahsin / Rosehip / tomato (Wild tomato)



Ponokaki Arrowleaf Balsamroot

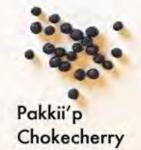


Opihtahtsi Biscuitroot AKA Prairie Parsley



Ka'kitsimo / Wild Mint (Mentha arvensis)*









Ootsistsiinistsi / Wild Strawberry
(Fragaria virginiana)*

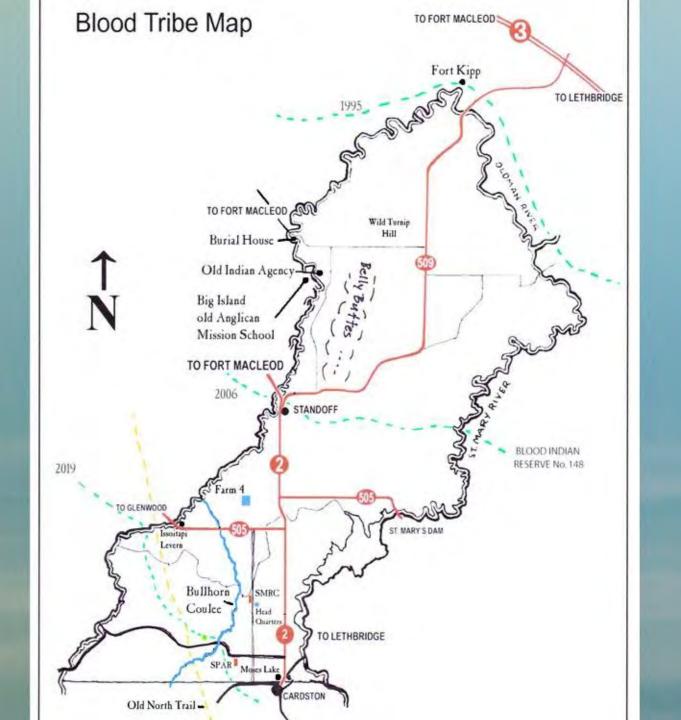




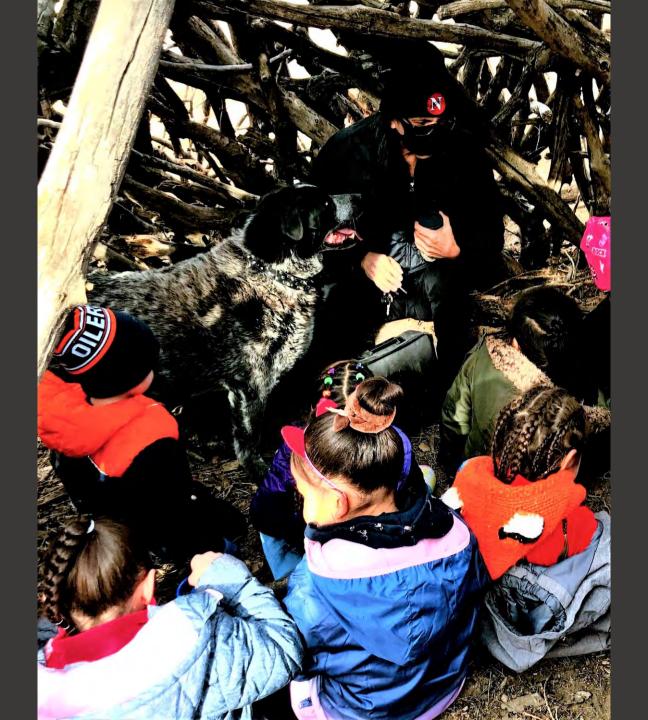








































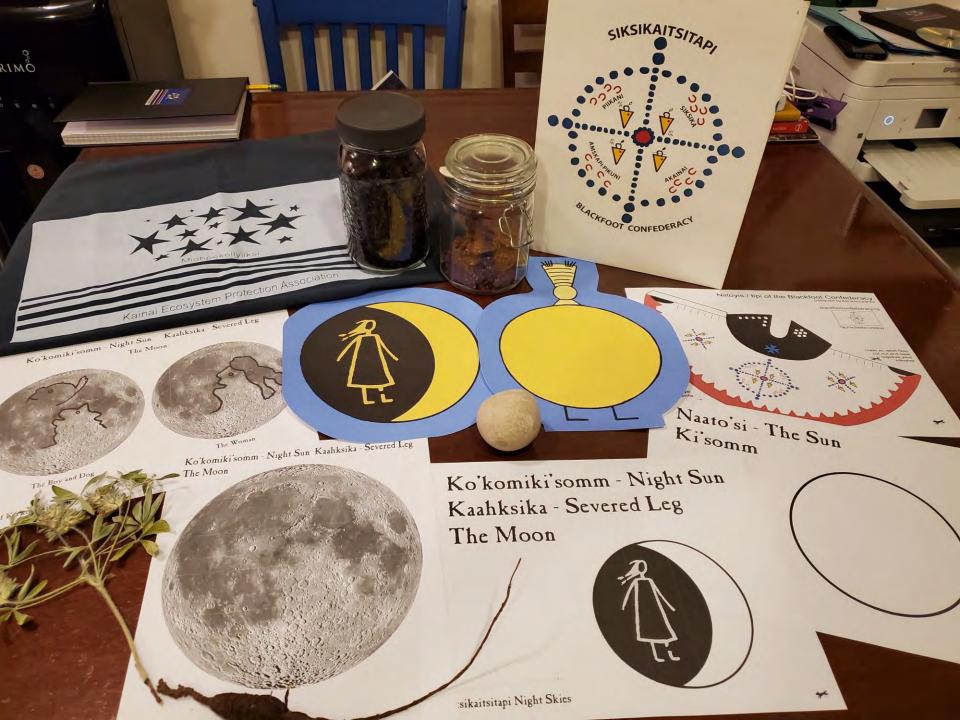


























Certificate of Science

IS AWARDED TO:

For their achievements with Cultural / Indigenous Plants and learning from the land.

They exemplified excellence, teamwork, and creativity with hands on activities.

June 2021





Aahsowa Wild Licorice Glycyrrhiza lepidata June-July



Atsiinaimo Western Meadow rue Thalictrum occidentale June-July



Misisaimi'soyiis Wolf Willow Elocagnus commutate Juna-July



Sliksinoko Creeping Juniper Juniperus horizontalis June



A'klitoyi Trenibling Aspen Populus tremuloides April-May



Pakksini'simaan Northern Gooseberry Ribes asyacanthoides July



Pakksini'simaan Fruit July



Otohtoksiin Wild Red Raspberry Rubus stryosus July



a decoration

on dresses.

Otohtokslin Fruit July



Labrador tea
Ladram giandulessum
May-June



Patokh'i Spruce Picea sp. All year



Mi'ksinittsiim Buffaloberry Shepherdia argebtea August-September

Did you know?

How to pick mirksinittsiim was brought upon by Napl, after losing his berries in the water. He stated; "This shall be the way people will pick you from the bushes, they will hit the bushes and this will knock off the berries where they will be picked up by the people." The Nittsitapi still pick berries this way, they will lay canvas under the bushes and beat the berry bush. This is done after the first frost, as it makes the berries.



Silkokiinis Paper Birch Betulo papyrifera



Silkoklinis Paper Birch leaf



Kaksamis Pasture sage Artemesia frigida April-May



NAAPI'S GARDEN

.....And then after he made the earth, Naapi went about gouging the earth to make rivers and lakes, filling them with water. He covered his territory with grass for linnii (the buffalo). Naapi not only made roots, berries, and plants for the animals to eat and use but he made all kinds of flowers to beautify his territory. Lest his people might get sick, he also scattered throughout his territory all kinds of medicinal plants for them to keep them in good health.

This pamphlet is a humble beginning of an attempt to retrieve some of the plants that are natural and indigenous to the prairie landscape. The *BUFFLAO TREATY* of 2014 mentions conservation, culture, and education in its clauses. This pamphlet is created in fulfillment of those purposes of the

BUFFALO TREATY and to remind us of NAAPI'S GARDEN.

We would like to acknowledge and thank Amethyst First Rider, Leroy Little Bear, Kansie Fox, William Singer III, and Norma Jean Russell for their insights and knowledge which helped make the "Naapi's Garden" project a success.

www.buffalotreaty.com





Designer & Photographer www.johanejanelle.com A Guide to
Culturally Important
Blackfoot Plants

Naapí's Garden



Ki'piaapi **Prairie Crocus** Anemone patens April-May

Did you know?

Ki'piaapi or "soon old man" makes a brief appearance in the Spring and represents the warmth and beauty of the yellow sun at its heart, the grace of the purple mountains all around and a heavy fur robe to keep





Asstssipokoy Smooth Blue Beardtongue Pensteman sp May-June



Aisattsikohtako Lupine Lupinus sp June-July



Ma's Maanikapi Prairie turnio Wild Bergamot Psoralea esculenta Monardo fistulasa July June:



Ka'kitsimo Wild Mint Mentho arvensis July-August



Matóyihkoyipisátssaisski **Dotted Blazingstar** Liutris punctata August



Soovalalihtsi Prairie Smoke Geum triflarum May-June



The three flowered avens has three Blackfoot names for each phase of growth. First stage is the "lies on his belly" with the flowers drooping down. The second phase is where the flowers point upward as "old mans whiskers" and finally in the third and final stage, the flower bursts outward into "prairie smoke".



Kinii Prairie Rose Rosa acicularia June-August



Oststaksimaan Pincushion Cactus Caryporitha vivapara June-July



Aiksikksiksi Water Smartweed Persicaria amphibia August



Ootoki'pisti Skeletonweed Lygodesmia Juncea July

Did you know?

Ma's is an important food and medicine to the Niitsitapi. The root of the Prairie Turnip is rich in fibers, protein, and carbohydrates and is beneficial for the body as it maintains brain health, prevents cancer, diabetes and a good source of energy. It also is connected to the morning star and the sky beings.



Saokiipisatsiinikimm **Nodding Onion** Allum cernuum June-July



Saokiipisatsiinikimm **Nodding Onion** Allum cernuum June-July



Ana'wawatokstima Louisiana Broom Rape Orobanche Iudoviciona August



Ana'wawatokstima Louisiana Broom Rape Clase up



Kakahsiin **Amaohkaapistsisskitsi** Bearberry/Kinnikinik Scarlet Mailow Malva zazzinea Arctosophyles uva-ursi June-July



Naatosipisa tssaisski Common Dandelion Taraxacum afficinale April-May



Otsiikin **Buffalo Bean** Thermopsis rhombifolia May-June

Did you

At the time of flowering of Otsiikin or buffalo beans buffalo buffs tented to leave their winter range for summer grazing on the prairie which accounts for their name.



Isttytyissii" pisatysaisuk Goat's beard. Tragopagon dublini May-June



lihtáómaitsimihkio'p Yellow Buckwheat Erlagonum flavum



Otahkā apistsīs skitsiists Amica Arnica sp. June



Otahkoottsis Prickly Pear Cactus Opuntio polyacantha June-July



Opihtahtsi Nineleaf biscultroot Lamptium Internatum



Aomaohsksimii Common Tickseed Carrogsis tinctoria August



Aokspilyipisatssaisski Prairie Coneflower Aptible column/fera August



May

Akspli Gumweed Grindella squarrosa August



Agattsistaotsipilis Rabbitbrush Ericamenia nauseassi August



E-cramps Death Camas Zigodenus sp May-June



Pisatsiinikimm Wild Onlon Altium sp. April-May



Asstss/pokoy White flearstrongue Penstemon albedus May-June



Ootsistiin Wild Strawberry Fragaria sp. June



Ootsistiin Wild Strawberry Fruit June



Áwaanataapistsisskitsi **Gumbo Evening Primrose** Genathura cespitosa June



Áwaanataapistsisskitsi Gumbo Evening Primrose Denothera cespitosa hane







Aohtoksooki Yarrow Actillea millefallum June-July



Pakinssomo Cow Parania Heracleum maximum July



Kainai Ecosystem Protection Association (KEPA)

Our Vision.... is for Kainai to value and live in a clean, healthy and protected environment that supports a sustainable society and balances our economy and traditional connection to the air, water, land and animals.

Our Mission.... is to provide leadership through ecological consciousness and environmental stewardship by monitoring, resource management and conservation awareness, while promoting protection, sustainable development and partnerships.



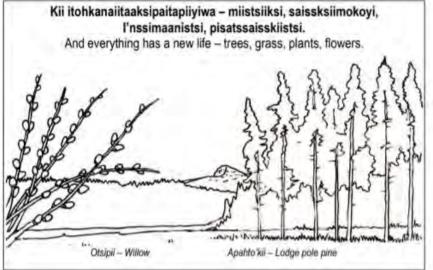
naapisgardenkepa.com

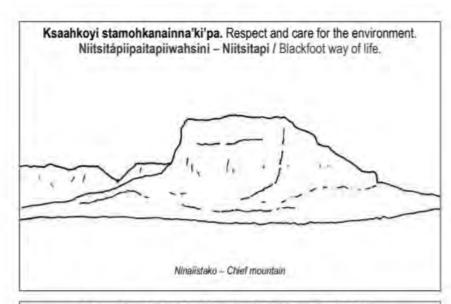


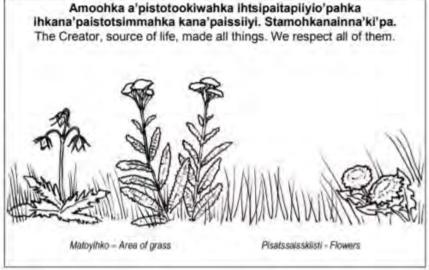
btlands.com

Sinaakit! A Wetland and Grassland Ecosystems
COLOURING BOOK









The blessing. Welcoming home the linnii February 2021





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ACTION

PROJECTS GOALS

ABOUT

DONATE









Eco-tourism Development

Land Stewardship Partnership Agreement



* WATERTON LAKES *
NATIONAL PARK





Calgary Board of Education



Land based education – Indigenous curriculum development

Collaborations and Partnerships

The community

Our Elders who guide us to be a good Niitsitapi

Collaborations and Partnerships

The community

Kainai linnii Rematriation Project,

Opokaa'sin Early Intervention Society, and Parks Canada (Waterton Lakes)
Indigenous Tourism Alberta (Eco-tourism), Lethbridge College,

The University of Lethbridge

The Galt Museum, Helen Schuler Nature Center Native Seed Collaborative of SW AB, Agriculture and Agri-Food Canada - Lethbridge and IndigiKitchen.

Palliser School Division, Calgary Board of Education, The Canadian Parks and Wilderness Society (CPAWS) In discussion with

City of Lethbridge,

Calgary; Southern Alberta Institute of Technology (SAIT), Central Memorial High School, Mount Royal University, Coalhurst Elementary School and Lethbridge Interfaith Food Bank...

KEPA Summit 2017







Secureyourfood.ca www.Buffalotreaty.com



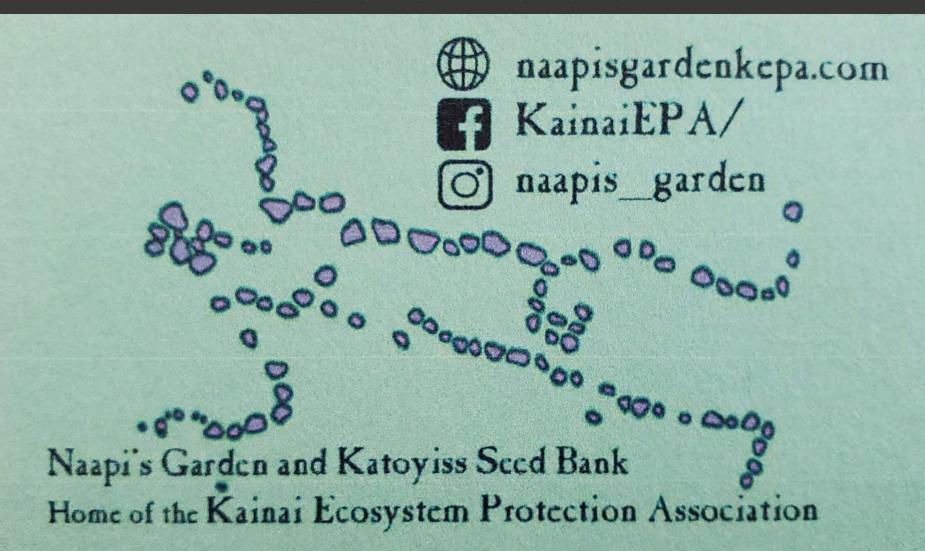
Ki Annimayi Aanitsiiwa

(That's how it is...)



Thank you

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